

SCOTCH EGGS TO SPOTTED DICK

Traditional British
food explained



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WIN
A WEEKEND IN
ROME + WEST
END THEATRE
TICKETS

TRAVEL QUOTE OF THE WEEK

“We gotta get out while we're young/ Cos tramps like us, baby we were born to run.”

Bruce Springsteen

TRAVEL NEWS

Take in US cities as a local



If you're sick of trailing around cities ticking off landmarks then the *Not For Tourists* guidebook

series could be for you.

Billed as guides for "urban dwellers who love cities" the series claims to offer visitors the

key to experiencing destinations as a local.

Each pocket-sized guide is stuffed with maps and info, from the nearest farmer's market to the best cabaret venue.

Cities featured so far include New York, Boston, Washington DC, San Francisco and LA.

See www.kuperard.co.uk.

ButterflyBus makes it easier to see Tajik people in the Xinjiang Uygur, China

